

CNMOLINS
AADD



15, 16, 17, 18 i 20 D'ABRIL

AQUESTA SETMANA SANTA

NO T'ATURIS!

	DILLUNS 15	DIMARTS 16	DIMECRES 17	DIJOUS 18	DISSABTE 20
07:15	Aiguagym		Aiguagym		
08:15	Aiguagym		Aiguagym		
08:30		Esquena Sana		Esquena Sana	
9:00			Hipopressius		
9:15	Aiguagym	Aiguagym	Aiguafons		
09:30	Body Pump	Cycling	Body Pump	Cycling	Cycling
10:00					
10:30	Zumba	Body Pump	Body Balance	Body Pump	Body Pump
11:30	Body Balance	Hipopressius		Hipopressius	Body Balance
14:00			Hipopressius		
14:15		Cycling		Cycling	
15:30	Aiguagym	Aiguagym	Aiguafons		
17:30			Body Balance		
18:00	Cycling			Body Pump	
18:30		Body Pump	Cycling		
19:00	Body Pump			Body Balance	
19:30	Zumba	Body Balance	Body Pump		
	Aiguafons	Aiguagym	Zumba		
20:00	Body Balance				
		Cycling			
20:30		Zumba			
		Aiguagym			

Leo Vane Sergio Marcos Vero